

*For those who have been faithful, O Lord,
life is not ended, but merely changed.*

April 27, 1987

Dear Sisters and Associates,

Four days after her birth on July 2, 1902, the first child of John and Mary Triska was baptized at St. Procop's Church in Cleveland, Ohio and given the name Helen Mary. At age twenty three Helen entered the Sisters of St. Francis in Joliet, Illinois.

Sister Regina spent 43 years teaching children in kindergarten and the primary grades. She was known to have been a very fine teacher. After her years of ministry in the classroom Sister Regina ministered to our Sisters by helping with food service, laundry and various tasks in the convent homes. She was hoping now to get well and be able to go to St. Peter's in Mansfield to help "for at least one year." It was a very special place for her.

Until her recent illness Sister Regina was very active in her years of retirement. She seemed to have an unlimited amount of energy as she would work on various projects. A special project for Sister was helping Sister Ellen Clare Gilmore with the cancelled stamps for our Brazilian mission.

Although she moved around very quickly for a person in her eighties, Sister Regina was very reserved and would prefer not to have any special attention given her. Her statement at the time of her golden jubilee in 1978 reflects her attitude, "To tell you the truth, I wish nothing to be said about me. God knows what I have done for Him and that is all that counts."

While we wish that Sister Regina's wish to go to Mansfield for one more year could have been fulfilled, we know that God has provided for her a better alternative -- and God is now rewarding her for all she has done -- and that is all that counts!

We express our sympathy to all the people who experience the loss of Sister Regina Triska: the Sisters and Staff at Our Lady of Angels, other Sisters in the Congregation who knew her, those she taught, and her sister, Cecilia, and her brother, Joseph. Together we join in the celebration of her life, death and resurrection.

Sincerely,

The Governing Board



SISTER M. REGINA TRISKA (Helen)



Born: July 2, 1902
 Parents: John and Mary (Kresl) Triska
 Postulancy: September 5, 1925
 Novitiate: August 12, 1926
 First Profession: August 12, 1928
 Final Profession: August 12, 1931
 Died: Friday, April 24, 1987 at 8:25 a.m. at Our Lady of Angels

Ministry:

- 1928 - 1936 SS. Cyril & Methodius, Chicago, IL, Grades 1 and 2
- 1936 - 1938 St. Francis Xavier, Chicago, IL, Grade 1
- 1938 - 1940 St. Joseph, Pesotum, IL, Grades 1, 2 and 3
- 1940 - 1941 Sacred Heart, Englewood, IL, Grade 1
- 1941 - 1942 St. Ludmilla, Chicago, IL, Grades 3 & 4
- 1942 - 1945 SS. Cyril & Methodius, Chicago, IL Grade 1 and Kindergarten
- 1945 - 1950 St. Procopius, Chicago, IL, Kindergarten
- 1950 - 1953 Holy Family, Cleveland, OH, Grades 3 & 4
- 1953 - 1957 St. Mary, Columbus, OH, Grade 2
- 1957 - 1963 Holy Family, Cleveland, OH, Grades 1 & 2
- 1963 - 1965 Sacred Heart, Englewood, IL, Grades 1 & 2
- 1965 - 1966 St. Cecilia, Columbus, OH, Grade 1
- 1966 - 1968 St. Michael, Sigel, IL, Grade 1
- 1968 - 1969 St. Joseph, Elgin, IL, Grade 1
- 1969 - 1971 St. Procop, Cleveland, OH, Grade 1
- 1971 - 1973 St. Francis Convent, Joliet, IL, General Work
- 1973 - 1977 St. Peter, Mansfield, OH, Food Service
- 1977 - 1980 Our Lady of Angels, Joliet, IL, Laundress
- 1980 - 1982 St. Mary, Shelby, OH, General Work
- 1982 - 1983 St. Francis Academy, Joliet, IL, Retired
- 1983 - 1987 Our Lady of Angels, Joliet, IL, Retired

Wake: Sunday, April 26, 1987 from 2-- 7 p.m. with prayer service at 4:30 p.m.

Mass of Christian Burial: Sunday, April 26, 1987 at 7 p.m.

Burial: Monday, April 27, 1987 from OLA at 9 a.m. *Resurrection*

Survived by sister, Cecilia Nemcek, and brother, Joseph Triska.